

1. Go to [www.my-care-plan.com](http://www.my-care-plan.com). Once on this page you can register your new account. Make sure you double check your email address as this is used for most communications. Then click **CREATE ACCOUNT**.

2. On this page you will enter a username. This will be what you are using to sign into the website as well as the app. You will also be required to accept the terms and agreements of the website. After completing all boxes click **CREATE ACCOUNT**

3. After creating your account, you will be asked to complete the welcome section of your profile. This will include your gender information as well as a phone number. The bottom portion is for you to create your own security question and answer. Once you have completed this you will click **CREATE ACCOUNT** for the final time. Welcome to telehealth!!